



**2015 BASS WINTER WARM UP
A/BB/B/C Mini Meet
January 31 - February 1, 2015
SANCTION NO. VS-15-47**

Hosted by



**Battlefield Area Star
Swimmers**

| | |
|-----------------------------|--|
| SANCTION: | <ul style="list-style-type: none">Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-15-47USA Swimming, Inc., Virginia Swimming, Inc., and the Barbee Center Indoor Pool, Woodberry Forest School, shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. |
| LOCATION: | Barbee Center Indoor Pool, Woodberry Forest School, Woodberry Forest, VA |
| FACILITY: | <ul style="list-style-type: none">25 Yard, 6 Lanes, indoor pool with non-turbulent lane lines, 13 ½ feet in depth at the start end and 4 feet in depth at the turn end; New Paragon Wedge blocks along with Colorado Timing System with a six-line digital display board.The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4) |
| MEET DIRECTOR: | Kevin McHaney Email: kmchaney@yahoo.com Work Phone: (540) 948-7629 Home Phone: (540) 718-2277 |
| ELIGIBILITY: | <ul style="list-style-type: none">Open to all Virginia Swimming athletes and those by invitation registered before the first day of the meet.No on deck Virginia Swimming athlete registration will be permittedAge on January 31, 2015 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | <ul style="list-style-type: none">Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | <ul style="list-style-type: none">All 9-12 Girls will swim on Saturday morning and 9-12 Boys will swim on Saturday afternoon.All 13 & Older swimmers will swim on Sunday morning and afternoon sessions.All 8 & younger swimmers will swim in the Saturday Midday 8&U Session.Sunday Midday Distance and Afternoon Distance Sessions are Open.All 25 yard events will start from the turn end of the pool.All events will be timed finals. |
| WARM-UP: | <ul style="list-style-type: none">Saturday Morning session: Warm-ups at 7:30 am; competition starts at 8:40 am.Saturday Midday 8&U session: Warm-ups approx. 11:30; competition starts approx. 12:30 pmSaturday Afternoon session : Warm ups approx. 2:00 pm; competition starts approx 3:00 pmSunday Morning session: Warm ups at 7:30 am; competition starts at 8:40 amSunday Afternoon session: Warm ups approx. 11:30 am; competition starts approx. 12:30 pmDistance sessions: The pool will be opened for 10 minutes of open warm-ups immediately following the finish of the morning and afternoon sessions, with the distance session competition starting 5 minutes thereafter.Lane assignment and warm-up times for individual clubs will be posted on the BASS website www.SwimBASS.com no later than January 27, 2015, and will also be emailed to the contact person of the participating clubs.If any session runs late, the next session warm-ups will begin immediately upon its conclusion.Depending on the number of entries, the meet director reserves the right to change the start time and format of warm-ups. Teams would be notified not later than Wednesday, January 28, 2015. |

| | |
|-------------------|--|
| ENTRIES: | <p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, JANUARY 21, 2015</p> <ul style="list-style-type: none"> • Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet. • Teams submit entries via e-mail • A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. • Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. • "No Time" (NT) entries will not be accepted. • Swimmers may enter a maximum of 5 individual events and 2 relay events per day • Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. • Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit. • The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding. Relays may also be eliminated and those fees returned if this is necessary. • The 400 IM and 500 Free may be limited by the meet director, to the top 24 swimmers per event according to time constraints. • Email entries to: shelbygohn@gmail.com • IMPORTANT: If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries. |
| FEES: | <p>Individual events: \$4.00 Relay events: \$12.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Checks should be made payable to: BASS Swim Team. • Mail payment to: Shelby Gohn 147 Hebron Court Madison, VA 22727 Phone: (540) 718-1890 • Payment must be received by January 26, 2015 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
| AWARDS: | <ul style="list-style-type: none"> • Individual events: Ribbons will be awarded for first through sixth place. <ul style="list-style-type: none"> ○ 13 & over individual events will be given separate awards for 13-14, and 15 & over age groups. ○ 9-12 individual events will be given separate awards for 9-10 and 11-12 age groups. ○ 8 & under individual events will be given separate awards for 6&U and 7-8 age groups. ○ Heat winner ribbons will be awarded for all 8 & under individual events. • Relay events: Ribbons will be awarded for first through fourth place. |
| SEEDING: | <ul style="list-style-type: none"> • All events will be pre-seeded. • All 12 & younger swimmers must report to the Clerk of Course and they will be brought to the blocks from there. • All swimmers 13 and older should report directly to the blocks for their events. |
| PENALTIES: | <p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. • Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with USA Swimming before the first day of |

| | | | | | | | | | | | | | |
|------------------------|---|-----------------------------------|-----------------|---------------|--|-------------|---------------|--|--------------------------------|-----------------------------------|--|---------------------|---------------------|
| | <p>the meet may be fined \$100 per swimmer in each event so entered.</p> <ul style="list-style-type: none"> If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. | | | | | | | | | | | | |
| RULES: | <ul style="list-style-type: none"> The current USA Swimming Rules and Regulations will apply. Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing dive or must start each race from within the water. If unaccompanied by a member coach, the swimmer or the swimmer's legal guardian is responsible for ensuring compliance with this requirement. The overhead start procedure will be used for the Sunday sessions, and may be used for the Saturday sessions at the discretion of the Referee. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. Changing into or out of suits other than in the locker room or other designated areas is prohibited. Swimmers should shower before entering the pool. In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director Coaches with expired or non-current credentials will be required to leave the deck area. | | | | | | | | | | | | |
| OFFICIALS: | <table border="0"> <tr> <td>Meet Referees:</td> <td>SATURDAY</td> <td>SUNDAY</td> </tr> <tr> <td></td> <td>Kevin Hogan</td> <td>David Strider</td> </tr> <tr> <td></td> <td>Email: hogan.kevin.t@gmail.com</td> <td>Email: davidstrider9876@yahoo.com</td> </tr> <tr> <td></td> <td>Phone: 434-962-7529</td> <td>Phone: 434-973-4832</td> </tr> </table> <ul style="list-style-type: none"> Officials will be needed for all positions and all sessions for this meet. Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Ric Barklund, Email: ric.barklund@comcast.net and hogan.kevin.t@gmail.com no later than January 27, 2015. Please sign up at this link: http://goo.gl/forms/9kyLPthPfE Officials will meet in the Hospitality room one hour before the start of each session. | Meet Referees: | SATURDAY | SUNDAY | | Kevin Hogan | David Strider | | Email: hogan.kevin.t@gmail.com | Email: davidstrider9876@yahoo.com | | Phone: 434-962-7529 | Phone: 434-973-4832 |
| Meet Referees: | SATURDAY | SUNDAY | | | | | | | | | | | |
| | Kevin Hogan | David Strider | | | | | | | | | | | |
| | Email: hogan.kevin.t@gmail.com | Email: davidstrider9876@yahoo.com | | | | | | | | | | | |
| | Phone: 434-962-7529 | Phone: 434-973-4832 | | | | | | | | | | | |
| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. | | | | | | | | | | | | |
| TIMERS: | <ul style="list-style-type: none"> Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. The number of timers required per club and their lane assignments will be emailed to the contact person of each of the individual clubs no later than January 27, 2015. | | | | | | | | | | | | |
| GENERAL: | <ul style="list-style-type: none"> Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Heat sheets will be available for sale. Concessions: There will be a variety of refreshments offered by the BASS Swim Team; Breakfast and lunch items will be available Swim Supplies & Apparel: <i>Sportfair</i> will provide swimming supplies & apparel during the meet. | | | | | | | | | | | | |
| FACILITY RULES: | <ul style="list-style-type: none"> Certain areas will be marked off limits. Please obey the rules. No glass or smoking is permitted in the facility. Please be courteous in sharing the locker rooms and bathrooms by keeping them neat. No food or drinks in the pool or lobby area. All food and drinks must be kept in the gym. Please park in designated areas at the direction of parking attendants. There is very limited parking. Please carpool if possible. PLEASE DO NOT PARK ON THE GRASS. | | | | | | | | | | | | |
| DIRECTIONS: | <p>PLEASE DO NOT CALL WOODBERRY FOREST SCHOOL FOR DIRECTIONS!! THANK YOU</p> <ul style="list-style-type: none"> Woodberry Forest School is located on Rt. 15, 12 miles south of the intersection of Rt. 15 and Rt. 29. Turn into Woodberry at Rt. 622 (there are signs designating the school). Once you pass the guard house the Barbee Center is the first building on the left. | | | | | | | | | | | | |

- | | |
|--|---|
| | <ul style="list-style-type: none">• FROM THE NORTH: Take Rt. 29S to Rt. 15S. Turn left into Woodberry after 12 miles on Rt. 622.• FROM THE EAST: Take Rt. 3W to Rt. 20S to Rt. 15N. Turn right into Woodberry 3 miles north of Orange on Rt. 622.• FROM THE SOUTH: Take 29N to Rt.230E to Rt. 15N. Turn right into Woodberry after 1 mile on RT.622. |
|--|---|

| | |
|---------------|--|
| HOTELS | <p>Following are some available Hotels in the area.</p> <ul style="list-style-type: none">• Holiday Inn Express Orange Hotel, <i>www.hiexpress.com</i> - (540) 672-6691 About 4 minutes from the pool• Microtel Inn & Suites Culpeper, <i>www.microtelinn.com</i> - (800) 771-7171 About 12 minutes from the pool• Best Western Culpeper Inn, <i>www.bestwesternvirginia.com</i> - (540) 825-1253 About 12 minutes from the pool• Culpeper Super 8 Motel, <i>www.super8.com</i> - (540) 825-8088 About 12 minutes from the pool• Holiday Inn Express Hotel & Suites Culpeper, <i>www.hiexpress.com</i> - (540) 825-7444 About 12 minutes from the pool |
|---------------|--|

2015 BASS Winter Warm-up January 31 - February 1, 2015

ORDER OF EVENTS Saturday, January 31, 2015

Morning Session

Warm-up: 7:30 am; Start: 8:40 am

| Girls | Event |
|-------|----------------------------------|
| 1 | 12 & Under 100 Backstroke |
| 2 | 12 & Under 50 Breaststroke |
| 3 | 12 & Under 200 Freestyle |
| 4 | 12 & Under 50 Freestyle |
| 5 | 11-12 200 Breaststroke |
| 6 | 12 & Under 100 Butterfly |
| 7 | 12 & Under 100 Individual Medley |
| 8 | 12 & Under Freestyle Relay |
| 9 | 12 & Under 100 Breaststroke |
| 10 | 12 & Under 50 Backstroke |
| 11 | 11-12 200 Butterfly |
| 12 | 12 & Under 100 Freestyle |
| 13 | 12 & Under 200 Individual Medley |
| 14 | 12 & Under 50 Butterfly |
| 15 | 11-12 200 Backstroke |
| 16 | 12 & Under 200 Medley Relay |

Afternoon Session

Warm-up: 2:00 pm; Start: 3:00 pm

(Times are approximate)

| Event | Boys |
|----------------------------------|------|
| 12 & Under 100 Backstroke | 37 |
| 12 & Under 50 Breaststroke | 38 |
| 12 & Under 200 Freestyle | 39 |
| 12 & Under 50 Freestyle | 40 |
| 11-12 200 Breaststroke | 41 |
| 12 & Under 100 Butterfly | 42 |
| 12 & Under 100 Individual Medley | 43 |
| 12 & Under Freestyle Relay | 44 |
| 12 & Under 100 Breaststroke | 45 |
| 12 & Under 50 Backstroke | 46 |
| 11-12 200 Butterfly | 47 |
| 12 & Under 100 Freestyle | 48 |
| 12 & Under 200 Individual Medley | 49 |
| 12 & Under 50 Butterfly | 50 |
| 11-12 200 Backstroke | 51 |
| 12 & Under 200 Medley Relay | 52 |

Midday 8 & Under Session

Warm-up: 11:30 am; Start: 12:30 pm

(Times are approximate)

| Girls | Events | Boys |
|-------|---------------------------------|------|
| 17 | 8 & Under 25 Freestyle | 18 |
| 19 | 8 & Under 25 Butterfly | 20 |
| 21 | 8 & Under 50 Breaststroke | 22 |
| 23 | 8 & Under 50 Backstroke | 24 |
| 25 | 8 & Under 100 Individual Medley | 26 |
| 27 | 8 & Under 50 Freestyle | 28 |
| 29 | 8 & Under 50 Butterfly | 30 |
| 31 | 8 & Under 25 Breaststroke | 32 |
| 33 | 8 & Under 25 Backstroke | 34 |
| 35 | 8 & Under 100 Freestyle Relay | 36 |

Sunday, February 1, 2015

Morning Session

Warm-up: 7:30 am; Start: 8:40 am

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|-------------------------------|-------------|
| 53 | 13 & Over 100 Backstroke | 54 |
| 55 | 13 & Over 50 Freestyle | 56 |
| 57 | 13 & Over 200 Breaststroke | 58 |
| 59 | 13 & Over 100 Butterfly | 60 |
| 61 | 13 & Over 200 Freestyle | 62 |
| 63 | 13 & Over 200 Freestyle Relay | 64 |

Midday Distance Session

(15-minute break)

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|----------------------------|-------------|
| 65 | Open 400 Individual Medley | 66 |

Afternoon Session

Warm-up: 11:30 pm; Start: 12:30 pm

(Times are approximate)

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|---------------------------------|-------------|
| 67 | 13 & Over 200 Individual Medley | 68 |
| 69 | 13 & Over 100 Breaststroke | 70 |
| 71 | 13 & Over 200 Butterfly | 72 |
| 73 | 13 & Over 100 Freestyle | 74 |
| 75 | 13 & Over 200 Backstroke | 76 |
| 77 | 13 & Over 200 Medley Relay | 78 |

Afternoon Distance Session

(15-minute break)

| <u>Girls</u> | <u>Events</u> | <u>Boys</u> |
|--------------|--------------------|-------------|
| 79 | Open 500 Freestyle | 80 |

BASS 2015 Winter Warm-up Swim Meet January 31 - February 1, 2015
Virginia Swimming, Inc.
SANCTION # VS-15-
MEET ENTRY CHECK LIST AND SUMMARY FORM

Mail in with entries:

1. Master entry Sheets
2. Check for Entries Payable to: BASS Swim Team
3. Summary Sheet

Name of Team: _____ Team Code _____
Number of swimmers: morning _____ midday 8&U _____ afternoon _____
Number of swimmers: morning _____ distance _____ afternoon _____ distance _____

Total number of swimmers: _____ x \$2.50= \$ _____
Total number of individual entries: _____ x \$4.00 = \$ _____
Total number of relays: _____ x \$12.00 = \$ _____

Total Amount Enclosed: \$ _____

MEET ENTRY CHAIRPERSON:

Shelby Gohn
147 Hebron Court
Madison, VA 22727
(540) 718-1890 e-mail – shelbygohn@gmail.com

Meet Entry Deadline: Wednesday, January, 21, 2015 for all entries, checks need to be received by mail NO LATER THAN January 26, 2015.

Contact Person:

Please provide information below in case of questions regarding this entry.

Name: _____ e-mail _____
Address: _____
Telephone: Day _____ Night _____

OFFICIALS: Please list and email (ric.barklund@comcast.net and hogan.kevin.t@gmail.com) available certified officials able to assist with this meet. Indicate Stroke & Turn, Starter, CTS, Timing Judge etc & Sessions available.

Name: _____ Telephone: _____

Name: _____ Telephone: _____

Name: _____ Telephone: _____

Name: _____ Telephone: _____